

## Enjoy Living Seminars, Fall 2007 & Winter 2008



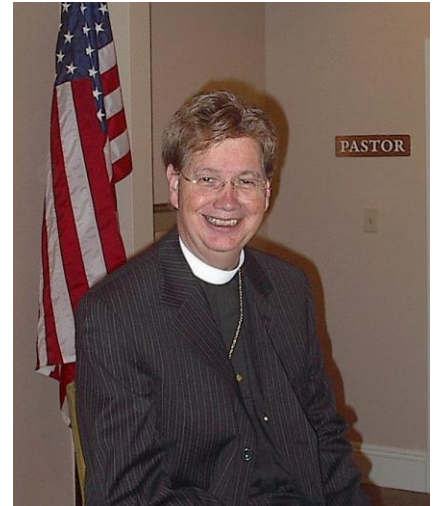
Bethel Lutheran Church

Bethel Lutheran Church is adding something new this fall. We will begin a series of Enjoy Living Seminars. The first series will be "Parenting Pre-Adolescent Children." The Series will last an hour and the format is for four Sundays. All parents and grandparents are most welcome to attend these series of seminars which will be held in our narthex. Child Care will be provided.

Other topics covered in the coming months include:

- Parenting Teens
- Marriage Enrichment
- Coping with Grief & Depression

Pastor Arledge has over 40 years of counseling experience and is presently CEO at the Summit County Pastoral Counseling Service. Pastor Arledge was the Protestant Chaplain to the Juvenile Court of Summit County and he served for two terms on the Akron Board of Education.



### Parenting Pre-Adolescent Children:

(9/23/2007 – 10/21/2007)

Using the model of Reality Therapy we learn to raise happy and responsible children.

### Parenting Teens:

(10/28/2007 – 11/18/2007)

Using the model of Reality Therapy we learn to guide and nurture our adolescent children as we prepare them for life.



### Marriage Enrichment:

(1/6/2008 – 1/27/2008)

Our Marriages are enriched by the blessings of God and how we bless each other.

### Coping with Grief & Depression:

(2/3/2008 - 2/24/2008)

We cope with our Grief and Depression by strong relationships with God, family, and friends.

